

**SALE PRICES
ARE VALID
WEDNESDAY
AUG. 9 TO
SATURDAY
AUG. 12, 1978**

Overwaitea

Shop confidently, while saving all you can

WESTERN FAMILY — FROZEN

**HASH
BROWNS**

269
2 LB
BAGS

YORK BRAND — FROZEN

ORANGE JUICE

12.5
FL OZ
TIN **.85**

MOTHER HUBBARD BRAND

BREAD WHOLE WHEAT
16 OZ SLICED LOAF **.53**

YORK — B.C. GROWN — FROZEN

GREEN PEAS

FANCY QUALITY 2 LB BAG **.87**

DAIRYLAND BRAND

CHOC. DRINK

1 LITRE CARTON **.67**

DAIRYLAND — PEACH or STRAWBERRY

YOGURT SHAKE

2 250 ML CARTONS **.55**

KRAFT SOFT PARKAY

MARGARINE

2 LB
CONT.
MADE FROM 100% PURE VEG. OIL **1.65**

QUAKER — FOR BREAKFAST

LIFE CEREAL

15 OZ PKG **.85**

YOUR CHOICE — ASSORTED

MELONS

CANTALOUPES,
HONEYDEW
MELONS,
CRENSHAW or
CASABA
MELONS
27
PER
LB

B.C. GRANULATED — WHITE

SUGAR

10
KG
BAG **429**

OVERWATEA

**INSTANT
COFFEE**

10 OZ JAR **559**

CARNATION

**COFFEE-
MATE**

NON
DAIRY
CREAMER
16 OZ JAR **139**

WESTERN FAMILY

**ICED TEA
MIX**

MAKES A
COOL,
REFRESHING
DRINK
24 OZ TIN **169**

BERNARDIN BRAND

Freezer Bags

2
PKGS
FOR
POULTRY **.98**

SURF - POWDERED - LAUNDRY

DETERGENT

2 KG BOX **209**

CANADA PURE WHITE

VINEGAR

128
FL OZ
JUG **139**

WESTERN FAMILY — LIQUID FABRIC

SOFTENER

64 FL OZ JUG **.95**

WASHINGTON GROWN — CANADA NO. 1 GRADE

POTATOES

NORGOLD
VARIETY
10 LB
CELLO
BAG **129**

BONE IN — BEEF BLADE

**CHUCK
STEAKS**

CANADA
GRADE

'A' PER
LB **980**

OVERWATEA — "FIRST
CHOICE," SLICED MOCK

**CHICKEN
LOAF**

1 LB VACUUM PKG **128**

FLETCHER'S

**GARLIC
SAUSAGE**

16 OZ VAC PKG **155**

**CROSS RIB
ROAST**

BONE IN CANADA GRADE
BEEF
CHUCK **'A'** PER
LB **158**

CALIFORNIA GROWN — CANADA NUMBER ONE GRADE

**SEEDLESS
GRAPES**

THOMPSON
VARIETY
PER
LB **69**

A warm welcome awaits you at Overwaitea

WE RESERVE THE RIGHT TO LIMIT QUANTITIES