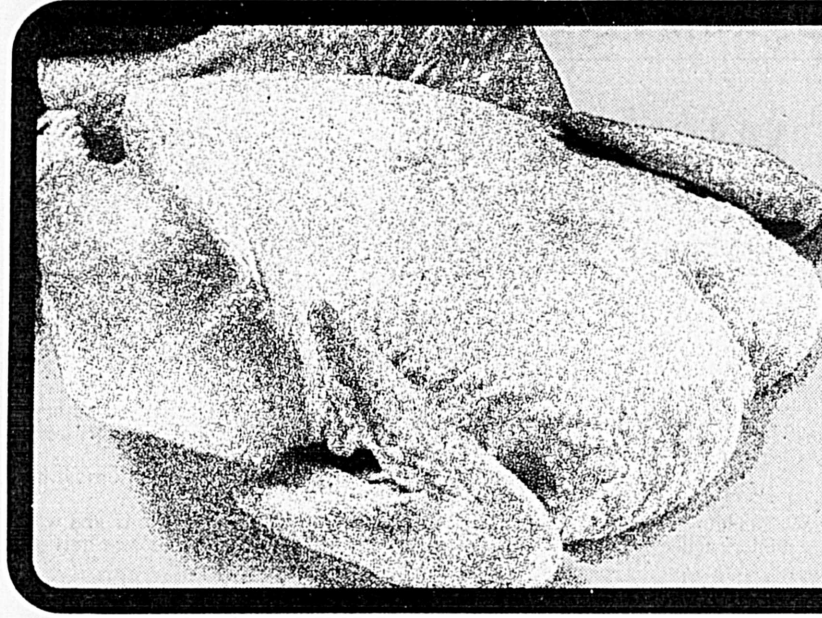




B.C. grown fresh

**whole
frying
chicken** grade **A** **lb. 88**



SuperValu

locally owned
and operated

Save-a-tape

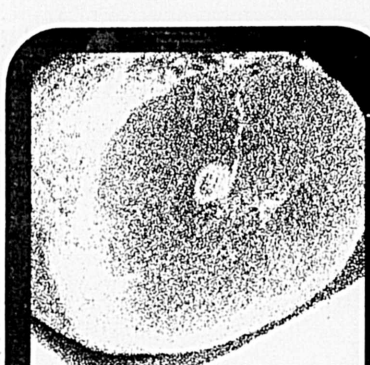
Better...You Bet

no iron
sheets &
pillowcases
at
save-a-tape
prices

Full details
at your local
SuperValu
store.

ITEM	REDUCED PRICE WITH \$2000+ IN TAPES	PRICE WITHOUT TAPES
TWIN SIZE SHEET (FLAT or FITTED)	3.⁹⁹	9.⁹⁹
FULL SIZE SHEET (FLAT or FITTED)	5.⁹⁹	12.⁹⁹
QUEEN SIZE SHEET (FLAT or FITTED)	8.⁹⁹	16.⁹⁹
PILLOW CASES (TWO PER PACKAGE)	3.⁹⁹	8.⁹⁹

Prices in effect at both Super Valu stores on Victoria St.
and in the Pine Centre Mall. Until Sat. June 21st.
We reserve the right to limit quantities.



ready to serve
ham
shank portion,
bone in

lb. 99



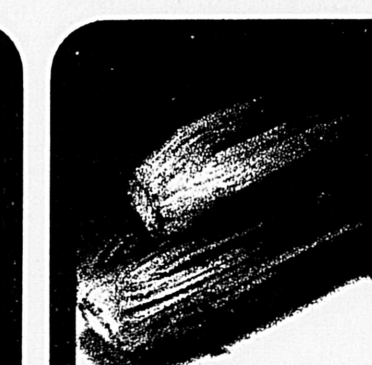
Canada gr. A beef,
**whole round
steak**
bone in

lb. 1⁹⁹



California canada
no. 1 grade
peaches
lb.

.59



California canada
no. 1
celery hearts
ea.

.79



Super Valu
fancy asst.
vegetables
10 oz. tins

3/.89



Burns
royale canned
**luncheon
meat**
340 gr. tin

.89

Canada gr. A beef
rump roast or outside round.....lb. **2.39**

By the piece
**side
bacon**.....lb. **.99**

Wiltshire
**dinner
sausage** 500 gr. pkg. **1.49**

B.C. hot house
tomatoes canada no. 1.....lb. **.79**

California canada no. 1,
**medium
onions**.....lb. **.29**

Salad Chef
croutons
all flavors
5 oz. pkg. **.89**

Foremost all flavor
ice cream 2 litre crtn **1.89**

Carnation Frozen
**hash
browns** 2 lb. pkg. **3/.99**

Bye The Sea, flaked
light tuna 184 gr. tin **1.19**

Nine Lives
cat food 6½ oz. tin all flavors..... **3/.89**

Purex 2 ply
bathroom tissue 4 roll pkg..... **1³⁹**

Super Valu assorted
varieties cookies 400 gr. pkg..... **.99**

Macaroni & cheese
kraft dinner 225 gr. pkg. **3/.99**

Kraft
marshmallows 11 oz. pkg. **.59**

Nabob Tradition
coffee regular or fine grind ground, 1 lb. pkg. **3³⁹**

Squirrel
peanut butter smooth or crunchy,
1.5 kg tin..... **2.99**

Pacific evaporated
canned milk 385 ml tin..... **2/.95**

Libby's
deep brown beans with pork,
398 ml tin..... **2/.99**

Dole
pineapple juice 1.36 ltr tin..... **.99**

Thorofed
dog food 25.5 oz. tin..... **2/.99**

Winston House
vinegar 2.27 ltr..... **1.29**

Libby's Fancy
sauerkraut 398 ml tin..... **2/.89**

Maxwell House master blend
coffee 369 gr. pkg..... **2.89**

Imperial
soft margarine 454 gr. pkg. **.89**

Kraft
cheese whiz process cheese
spread, 1 kg. jar..... **4.29**

Foremost
yogurt shakes strawberry, raspberry,
peach, 250 ml..... **3/.89**

Foremost Country Sthle
whole milk buttermilk 1 ltr..... **.69**

Kelloggs
eggo waffles 312 gr. box all flavors..... **.79**

Minute Maid
orange juice concentrate 355 ml..... **.99**

Fraser Vale
fish & chips 567 gr. pkg..... **1.49**

York fancy frozen
green peas 907 gr. pkg. **.99**

Ziggy's Deli

Ziggy's
4 bean salad.....lb. **1.39**

Freybes
hickory beef sausage.....lb. **3.49**

Koffman
monterey jack cheese.....lb. **2.99**

Oven Fresh Bakery

Oven Fresh
nature plus bread 16 oz loaf..... **.79**

Oven Fresh
Cinnamon pull-a-parts 7's..... **1.79**

Oven Fresh
spanish slice..... **.159**