

First-aid kit

FROM PAGE 56

but sometimes that isn't immediately possible.

If the barb is buried in a shallow wound, in flesh away from major veins and arteries, the best course might be to nick the flesh with a sterilized knife (open flame on the blade will do it if disinfectant isn't available).

If the hook is buried deeper and is still not close to major blood vessels, it might be best to fold the flesh and poke the hook through, cut the tip or the eyelet off and pull the hook out.

Again, the wound should be washed thoroughly, bandaged and be given proper medical attention as soon as possible.

Yes, that might mean cutting the fishing trip short, but it's better than cutting an arm, leg or life short because of blood poisoning.

Deeply buried hooks that need professional attention should be made immobile until the injured person gets professional help.

Don't merely lay the hook over and tie it against the flesh because of possible internal injuries when the hook moves.

The safest method is to clean the area and cover the hook and wound area with a clean cloth to prevent dirt getting into it. Twist a bandage or clean cloth and make a loop of it, creating a fence around the wound. This must be tied into place

to protect the wound and keep the hook from moving.

Another way is to use a clean lure or line package or make a sturdy circle of some cardboard or birch bark to surround the wound and keep the hook from moving.

KNIFE WOUNDS

Cuts or stabs should be cleansed (washing away from the wound) and bandaged to prevent infection.

Persistent bleeding wounds should be covered with a pressure bandage until bleeding has stopped or medical attention is given.

A pressure bandage, if not part of the first-aid kit, is merely a clean pad placed over the wound and kept in place by a tight binding or held by hand. Such wounds should be elevated — a cut finger or hand held overhead will stop bleeding sooner than if the arm is left hanging naturally. Similarly, a wounded foot or leg raised will stop bleeding more quickly if raised above the heart level.

Tourniquets, if improperly used, can create as much trouble as the user tries to prevent. Unless users are trained in their use, they should be used only when no other option exists. If used, their pressure must be released often enough to prevent tissue damage.

Again, minor wounds that don't interrupt the fishing trip should be kept clean and away from fish or fish parts.

Fishing tips

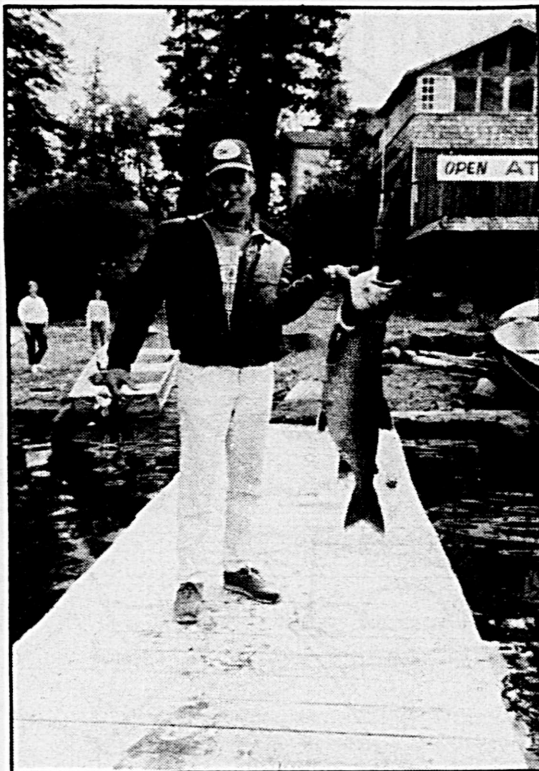
Study the stomach contents of any fish you or anyone else has caught that day, to get a better idea of what they're after.

A water reservoir or a storage pail can be made by lining a strong cardboard box with a sheet of plastic.

A bar of biodegradable soap to wash hands before touching lures and lines might make a great difference in the number of strikes.



Enjoy the stars,
not the sparks
Conserve firewood



LAKESIDE RESORT & ATTIC PUB on Cluculz Lake

Lakeside Resort offers something for everyone

- New double wide boat launch
- Boat Rentals
- Gas and Oil available
- Accommodations
- Camping, Store
- Cafe, Attic Pub

Featuring:

- GREAT FISHING

• Record Char 57 lbs. • Rainbow Trout to 4 lbs. • Kokanee to 2-1/2 lbs. • White Fish to 6 lbs.

LAKESIDE RESORT

Box 881 Vanderhoo, B.C. V0J 3A0
(604) 441-3344