Crooks steals 400 from friendly rival

Olympic medal hopeful Charmaine Crooks took another step toward Barcelona as she won the 400-metre race over Canadian friend and rival Jillian Richardson at the 10th annual Harry Jerome track classic on Sunday.

Crooks, 29, of Richmond, B.C., posted a time of 51.23 seconds while Richardson of Calgary finished in 51.34. Denean Hill of Los Angeles was third in 52.12

Although 800 metres is Crooks's specialty, she entered the 400 to increase her speed as she has already qualified for Canada's Olympic team going to Barcelona,

Spain.
"I felt great," she said. "I was happy with my run. I need the speed for the 800 so I can focus on Barcelona.'

Richardson, 28, making a comeback after having a baby last June, said she's run well indoors but needs more outdoor training.

"It's a different ballgame out-side," she said. "Everything seems larger. Running the 400 is a mental thing. You have to get used to the pain and then run some more.'

Crooks is going to be Richardson's baby's godmother.

On Saturday, the men's 10,000metre race featured the best times in the Western Hemisphere this year. Nine runners were clocked under 28 minutes, with Armando Quintanilla of Mexico winning in 27:47.24.

more important for Sarah Morgan

more than 25 countries participated in the meet, the last major sanctioned invitational event held in Canada before the Olympics, July 25 to Aug. 9.

Also Sunday, Shane Bilodeau of Prince George had a tough run in the men's open 1,500, one of two 1,500s run on the weekend - the other was for Canadians.

"It was pretty bleak," he said Sunday night from Vancouver. "I went out a little too fast and didn't have it at the end.

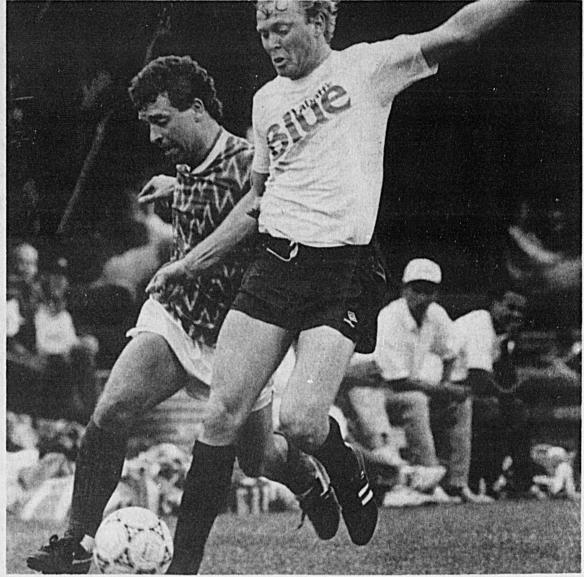
"Actually, I was still in the race with a half-lap to go, but there was nothing there."

Canadian steeplechase runner Graeme Fell won that heat.

"I could see Graeme coming around the last bend, but I guess he decided it was time to go,' laughed Bilodeau, who finished in 3:51, ten seconds behind Fell. He said he was slowed by an adverse reaction to penicillin he's taking to ward off an infection acquired when a wisdom tooth was pulled in May.

Bilodeau is trying to make the Canadian Olympic qualifying standard of 3:42.01 before the Games trials later this month. He needs at least one 3:42.01 before that meet and another there in a

Tammy Brumwell was fifth in her heat Saturday night in the women's 800 in 2:14.



Citizen photo by Brent Braaten

Ingo Selbert of Williams Lake and Marcel Commandeur of Labatt's-Honda jostle for the ball Sunday.

Soccer spot decided late

Citizen Staff

Greg Christie launched the Labatt's-Honda North soccer club into the B.C. Summer Games Sunday.

overtime to give his team a hard-fought 2-1 victory over Williams Lake.

said after the game. "I had a good lay-off, and I connected with it well.'

was a "once in a lifetime goal."

Both teams gave a "very credible accounting of themselves," he said, adding, "It was fitting that the game went into over time."

Labatt's-Honda North won a three-team round-robin to advance to the two-game total-goals Summer Games zone qualifier.

They played Williams Lake to a 0-0 tie Saturday in the first game.

In Sunday's game, Mike Pagurut scored first for Williams Lake at the 35 minute mark. He scored from about five metres out, retrieving a rebound off a header from a left-hand cross.

Williams Lake had the better of Labatt's-Honda in the first half, consistently beating their opponents to the ball in the air and on the ground.

But in the second half, the North Cariboo Senior Soccer League team rallied and started to win the battle for the ball in midfield.

Injured player Ian Paton came off the bench to score the tying goal, a beautiful header into the lower left corner off a cross from Mick Kearns.

Minutes before, Creg Christie missed one from 30 feet out - Williams Lake netminder Dave Rathler

made a great save, jumping high to catch the shot. Ten minutes after his goal, Paton reinjured his leg and had to leave the game.

"The goal from Ian was the turning point. After that goal the tables were turned around," said Thorpe. Labatt's-Honda was missing four key players to in-

William's Lake assistant coach Robert Dobson said

Rick Masse of D.F. Arthur heads for the plate while Taylor catcher Ray Valley awaits the ball.

nament and won most sports-man-

Nechako's Jim Logan hit a

grand-slam over the center field

fence to power his team to victory.

Tracy Carter threw 11 strikes in a

row in the winning game and walked only one batter in three

League president Don Gowan

said he was pleased with how

smoothly the tournament ran.

like team.

games Sunday.

his team also was missing about three key players.
"But that's no excuse," he said. "We had the chance to win but didn't.'

He said Prince George got stronger as the game

"We let them back into the game. We should have

Christie's winning goal came at the five-minute

Each team had several scoring opportunities after that but failed to convert. Steve Treasure had at least

two chances, booting one clear shot over the net. William's Lake's Gary Schofield also had some

good chances - in the last minutes of the second over-time period he booted one through the goal area just missing the right hand corner. His frustration was evident as he knelt on the ground and grasped his

Goalie Dave Hughes played made some solid saves to keep Labatt's-Honda in the game.

The winners travel to the B.C. Summer Games in Port Alberni July 9 to July 12. The team won gold in Vernon in 1982 and have a bronze and silver from other Games.

■ Jimmy Rowe's two goals, one in each half, helped Remco dump second-place Quesnel 5-0 in North Cari-

boo league play Sunday. Remco didn't let a first-half disallowed goal to get them down and pressed Quesnel the entire game.

"The boys finally pulled one together," said acting

coach Iain Flannagan.

Rowe had the only goal in the first half for Remco. Quesnel was constantly frustrated by Remco's disciplined team play. Remco's short give-and-go passing game and their team play were the key factors in the

Remco scored quickly in the second half on an Allen Ramsay goal at the five-minute mark. Rowe got his second goal ten minutes later, beating his man on the inside.

Remco showed their domination of the game, scoring twice late in the second half.

Collin Payne scored on a penalty kick at the 40 minute-mark of the game and Mark Zbrodoff kicked a grounder from 10 metres out in the last minutes.

Canada now 2-1

at Games event

VIGO, Spain (CP) — Cynthia Johnstone of Rothesay, N.B., and

Anna Stammberger of Kensington,

P.E.I., scored 15 points each as

Canada took another step towards Barcelona by defeating Korea 87-

76 Sunday, improving its record to

2-1 in the women's Summer

Canada is tied for first place in

its seven-country group with Bulgaria, which was upset 105-100

by Japan. Canada's next game is

Wednesday against Italy, a 68-48

"We played with a lot of heart," said coach Wayne Hussey. "We fought hard."

Canada led Korea 49-35 at half-

time, but had only a six-point edge

with three minutes left in the

winner over Mexico.

Citizen photo by Brent Braaten

"It's always nice to run a tour-

He said the league continue to

Games continue tonight in all

three divisions. The league, which

uses diamonds set up in elemen-

tary- and secondary school play-

grounds around the city, plays

be popular. "There's a waiting list

to get into our league," he said.

nament at Kenworth (Park)."

Olympics qualifying tournament.

RED DEVILS TAKE TITLE

The Blake — as in Burns Lake - Red Devils went undefeated through the three-day 13-team All Nations Sports Club intermediate C fastball tournament at Spruce City Stadium.

The Devils defeated the North Coast Control Juniors 7-3 in Sunday's championship game worth \$1,950 to the winner. The Juniors, a merchant men's league team that went 4-2 with both losses coming against the Reds, pulled in \$1,000

for second place.

The third-place George Coulling Grading Blues were third worth \$600 and the Dawson Creek Silverado Bullets earned \$300 for fourth.

Blake defeated North Coast 4-3 in Saturday's A semi-final while George Couling downed Al Seager Trucking 7-3 in the other semi.

The Red Devils made do with only one pitcher, but one was good enough as Craig Patrick's arm endured. Patrick was a perfect 5-0 earning the most valuable player

Kevin Sutherland of the Juniors won the top pitcher award. Sutherland struck out 17 in the final and 45 for the tournament. Chris Balancher of the Red Devils won the Golden Glove award for his play at short stop.

Cup provides fun, fitness

Corporate competition and fun are not two words you often hear spoken in the same breath. But Sunday at Massey Place

Stadium they were. A total of 15 teams from local companies competed in athletic endeavours including a centipede run, bike races and orienteering.

The whole idea of the Corporate Cup is to have a little bit of competition, have some fun and get active, said games marshall Kathy Lloyd.

People had an excellent time. she said.

"I have been involved for four years, and it's the first time teams have come up to me and said, 'We had a really good time'."

A City of Prince George team - City Slickers I - captured first place at the tournament.

Northern Hardware captured second, and CN Locomotives and CN National Dreamers tied for The Dreamers won the con-

geniality award - a \$200 Keg certificate. The award goes to the team who has the most fun.

"As soon as they walked on the track you could tell they were going to have fun," said Lloyd.

The games are an activity for the whole family. The YMCA-YWCA offered free baby sitting in the morning for families involved in the cup. Starting at 12 p.m., the

games started for the children. The kids' games were well supported, said Lloyd — "It was the best year yet."

The Prince George Symphony Orchestra made a special appearance and attracted spectators not involved in the tournament.

Lloyd said, "A lot of people got to see how much fun we had

thanks to the symphony.'

GP streak over

MONACO (AP) — Ayrton Senna's gain was Nigel Mansell's Senna won the Monaco Grand

Prix for the fourth time in a row Sunday, while Mansell lost out by a car length as his five-race winning streak ended by .21 seconds.

Mansell had control of the race until the final seven laps, when his Williams-Renault was forced into the pits for a tire change. That gave Senna, driving a McLaren-Honda, the lead and the Brazilian held off a final charge by Mansell. Senna has 34 career victories, including five Monaco GPs.

Mansell, meanwhile, has yet to win here in 12 attempts.

"You have the race under control for seven-eighths of the way and you pick up a puncture," Mansell said.

ATTENTION ALL BASEBALL, HOCKEY, **SOCCER, TENNIS, ETC. PLAYERS**

SPORTS CAMP

COURSES IN: Sports Dieting & Nutrition Sports Therapy, Medicine & Taping

N.C.C.P. LEVEL 1 & 2 DATES: JULY 6th to 12th COST: \$60.00

Deadline for registration is June 15th Call Bob Jenner at 964-4095 anytime or Debble Marko at 564-1460 after 5:30 p.m.

PG MANTAS DIVING CLUB

than worrying about her 200-metre time Saturday at the B.C. high school track and field championwasn't there.' ships. Barton finished 10th in 4:19.3. And that concentration paid off The Kelly Road boys' 4x400 - Morgan and Duchess Park teammates Jackie Richards, Kristy-Lynn Frisken and Dina de Nys won a silver medal in the second-

Relay medal focus

for Morgan, team

last event of the two-day cham-pionships, held at Swangard Stadium in Burnaby. "It wasn't one of my fastest times," Morgan said of her 26.76second run in the 200 final. "I

was hoping to run faster. "But I wanted to run fast in the 4x400 later on. We really wanted a

medal." The team ran well in finishing second, finishing with a 4:03.85 time that included personal bests

by all four members. It was one of three medal-winperformances by Prince George athletes at the championships, which ran Friday and Saturday. Friday, Barton Crist of Kelly Road took a bronze medal in the 5,000 metres, and Saturday morning his younger brother Colin took a silver in the 1,500 in one of the

most exciting races of the meet. Colin was edged at the finish line by Neal Beatty of Esquimalt. His 4:01.42 time was just .18 sec-

Mixed

softball

winners

take third

title

by GORD HOEKSTRA

Citizen Staff

Taylor Contracting 8-3 Sunday to

gain their third consecutive A divi-

sion mixed recreational softball

icebreaker tournament champion-

"Three times lucky, I guess,"

It's nice to win, he said, adding everyone is out here to have a

Taylor and Taylor Contracting coach-player Peter Dumoulin said

he was happy with the way his

The fifth inning was the big one for D.F. Arthur. They scored four

runs off of an in-the-park homer

by Rick Masse, a triple by Marcel

Poulin and a double by Art

D.F. Arthur, a perennial A Divi-

sion contender, faced divisional

rival Taylor and Taylor in the

final. This is Taylor and Taylor's

Fred Walls defeated College

Heights Pub 8-4 to win the B divi-

first year in the A Division.

good time.

Frenette.

said B.F. Arthur coach Robert

D.F. Arthur defeated Taylor and

Winning a relay medal was onds slower than Beatty's.

"I made a mistake and let his get by me," Colin said. "I wish I could have had him, but it just

relay team of Colin and Barton Crist, Rick Okimaw and James Laing was seventh in its final in 3:30.53. All members of the team were tired out by the time the weekend's last race was run: Okimaw finished 14th in a field of 30 in the 2,000-metre steeplechase earlier Saturday in 6:38.8, and Laing was in three events Friday.

In the girls' 400, Trina Raby of Kelly Road and Richards finished

Jen Allen of Correlieu in Quesnel was fifth in the 400 hurdles in 1:09.32 and Bal Risma of Correlieu was eighth in the javelin at 45.96 metres.

Geraldine Paques of Fort St. James was eighth in the girls' javelin in 29.9 metres.

sion title and Nechako Ridge upset

The tournament featured 16 of

the league's 21 teams. The league

has three divisions and in the regu-

lar season teams only play within

During the icebreaker tourna-

Third-division team Nechako

Ridge was the surprise of the tour-

ment all team, regardless of their

division, play each other.

Pas Lumber 11-8.

their divisions.

fifth and sixth, Raby finishing in 59.14 and Richards in 59.20. Also winning medals from the

North Central zone were: Tim Moran of Dawson Creek, who won the triple jump with a 13.59-metre performance; and Ryan Marsh of Quesnel, who took third in the 800

Christie scored five minutes into the first period of won it in the first half." His shot from 20 metres out hit the cross bar and post before going in the top left corner. "I got lucky enough to hit the corner." Christie mark of the first over-time period. Labatt's-Honda North coach Mark Thorpe said it