

# Oh no, not another baby care list

**A**s you sit reading this column, my esteemed colleague, Jack, and his other half, Brenda, are probably pie-eyed from lack of sleep, yet still in the throes of bliss as they gaze into their brand new little girl's eyes and contemplate the miracle of her birth. Yes, Jack has done it. He's become a dad.

In honour of the occasion, I have decided to subject you—I mean treat you—to another one of my incredibly helpful and thought-provoking lists, this one designed to aid Jack and Brenda, along with anyone else entering the post-natal war zone, in the coming months.

1) DON'T, in your 3 o'clock AM changing delirium, resort to using a piece of antique furniture as a change table "just because it was handy." If you do, you're guaranteed to spill rubbing alcohol, or some other product manufactured solely for the destruction of property, all over it, thus escalating the cost of a diaper change from one diaper

times. Cleaning it off your face is worse.

4) DO, if your baby gets diaper rash, let baby "air out." Air is good for a rash, but

5) DON'T turn your back on baby while doing so, even for a minute. A law of baby physics says that as soon as you take baby's diaper off and turn your back he or she will poop all over your freshly cleaned bedroom carpet. A law of baby psychology then kicks in that tells baby this new substance is something to be tasted. You, the parent—helplessly subject to every law of baby physics and psychology as you are—will then have the job of environmental cleanup.

*Note: Believe it or not, this all happened.* In fact,

6) something that happened just moments ago reminds me of one further point: DON'T, if you own a computer, let your baby play around the power source. This could result in pain and injury to your baby as well as causing whatever you happen to be working on at that particular time and haven't saved for over half an hour—newspaper column, for instance—to go "poof".

Due to the unfortunate

timing of the preceding incident, I am at a total loss as to what I was going to say next.

Therefore, in order to end this column on a meaningful note I have included another incredibly helpful and thought-provoking list, originally written to welcome the arrival of another baby, Brianna, but just as handy to welcome Jack and Brenda's baby, or any other babies who happen to be reading this column. It goes like this.

## Welcome

Just a few tips to help you along on this new adventure:

Enjoy life.

Enjoy this World. It's a beautiful place, so check it out.

Don't worry too much. But don't worry too little.

Learn as much as you can about everything. But

don't believe that you will ever know everything about anything.

Learn from the wise. Teach the ignorant.

Be critical. But don't be belligerent.

Be humble. But don't be meek.

Be tolerant. Be considerate.

Don't love money. Or anything it will buy.

Love your parents. And your brothers and sisters around the world. And animals and birds and fish and plants and rocks and water and the wind and sun and moon.

Everyone and everything.

Think.

Act.

And when you're finished, leave your little corner of the world a better place than when you arrived.



## BABY MAKES 3

Cam McAlpine

and a couple of wet naps to one diaper, a couple of wet naps, and the complete refinishing of one piece of antique furniture.

2) DO give baby all the love and attention you can, but

3) DON'T let that attention consist of laying on your back, holding baby above your head and going "Goo goo, gaa gaa" immediately after he or she has eaten. Cleaning up baby puke is bad at the best of

## Scouts, Guides hiking for hunger

**L**ocal Guides and Scouts, along with the Salvation Army, will participate in the Hike for Hunger on Sunday. The walk will begin at about 1:30 p.m.

The hike is about a one-kilometre walk from Peden Hill Elementary School to Pine Centre Mall.

Hike for Hunger is a food drive initia-

tive of the Guides and Scouts to raise food and awareness for the local food bank.

You can expect a knock on your door this week, as local Guides and Scouts will be asking for non-perishable food items.

If you, your school or organization would like to participate in the Hike for Hunger, contact Darrelanne at 562-8096 for more information.



## Paper from the Environment - Athabasca Glacier Series

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## Jack had a baby

Dry Whine columnist Jack Bleiler didn't submit an article this week - something about being enthralled with fatherhood.

Jack and his fiancée, Brenda, are now the proud parents of Talia, who weighed in at six pounds, 14 ounces.

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# LANDLORD SPOTS WILDCAT IN BASEMENT APARTMENT.

**Labatt**

Good things brewing.