

Time to start planning Christmas events

CLASSTIME

• The Art Gallery hosts Family Sunday, Cardboard Landscapes November 14 from 2 to 4 p.m. Admission by donation. Call 563-6447 for information.

• A parenting session will be offered at the Northern Interior Health Unit November 17 at 10 a.m. Call 565-7311 for information.

• If you have been on income assistance for at least 10 months and are having a hard time finding work, you may be eligible for the Core Series at CNC. It runs from November 29 to April 28, 2000. Call 561-5846 to find out more.

• Life drawing classes are being offered in ArtSpace every Tuesday night from 7 to 9 p.m. These are not classes, but a chance to connect with other artists to see

how they deal with the challenge of drawing people.

Cost is \$5/hour.

For information, call Michael at 567-4485 or 563-6648.

• The Evangelical Free Church holds a traditional Sunday school every Sunday at 4590 5th Ave. from 9:45 to 10:45 a.m. For more information call 612-0035.

• Yoga techniques and stretching relaxation is offered at the Hart Community Centre Mondays from 12:30 to 2 p.m. and 5:30 to 7 p.m. and Thursdays from 12:30 to 2 p.m. and 7 to 8:30 p.m. Drop-in fee \$5 or 10 sessions for \$40. Call Liz at 563-8056 for information.

• The PG Alcohol and Drug Services Society is offering healthy lifestyles workshops every Thursday from 9:15 a.m. to 3 p.m. Spaces still available. Call 562-8112 for information and registration.

GETTOGETHER

• The first meeting of the library's Teen Advisory Council takes place November 14 at 1:30 p.m. at the Main Branch. Everyone welcome. Call 563-9251.

• The next meeting of the Northern Interior Regional Health Board is November 17 at 3 p.m. at the Civic Centre. Call 565-2000 for information.

• The Seniors Activity Centre holds its monthly general meeting November 22 at 1 p.m. at 425 Brunswick St. Call 564-3287 for information.

• The Breast Cancer Support Group meets November 24 at 7 p.m. at 401-411 Quebec St. Call Joanne at 564-0885 for information.

• Compassionate Friends, a non-denominational support group for bereaved parents, meets the second Wednesday of each month at 7 p.m. at 777 S. Ospika Blvd. Call Jeanne at 562-2522 or Kym at 964-4555.

• Come join us for Coffee Break Story Hour.

All women and young children are welcome to join us every Tuesday morning from 9:30 to 11:00 a.m. at 1905 Willow St. For further information contact

Lucretia at 962-0656, or Adriana at 564-7370.

• Retired men who love to sing, come and join our fun-filled choir.

We meet weekly and perform frequently. For more information on the ECRA Rainbow Singers, call George at 614-0828.

• Champs is a weight loss group that meets weekly. Call 562-0455 or 392-5474.

• Between the ages of 12 and 18? Bored? Live in College Heights? Nights Alive Youth Drop In Centre offers games, music, friends, or a place to just hang out. Wednesdays from 7 to 10 p.m. and Saturdays from 7 p.m. to midnight at the College Heights Baptist Church (5401 Moriarty).

• The adult broken circle group (ages 19 and up) is an 8-week program geared toward people grieving the death of a loved one. Participants must go through assessment interview and be at least two months removed from the date of the loss. Call 563-2481. Program will start when required number of participants is met.

• Is someone's drinking bothering you? Al-Anon and Alateen can help. For information about Al-Anon meetings, call 563-7305. For information on Alateen meetings call 562-9080.

• Overeaters Anonymous. Meetings happen 7:30 to 9 p.m. Mondays at the Salvation Army Citadel, 7:30 to 9 p.m. Tuesdays at Grace Anglican Church, 7:15 to 8:30 p.m. at St. Michael's Anglican Church, and Thursdays from 10 to 11:30 a.m. at Grace Anglican Church. Call Lauren at 564-4320, Rosemary at 563-7484 or Elsie at 561-1483.

• The PG Brain Tumour Support Group meets the third Thursday of each month at the

Northern Interior Health Unit, 1444 Edmonton St., from 7 to 8 p.m. Call 563-1725, 964-4542 or 562-7827 for information.

• Missing Mates, a drop in self-help support group for widows and widowers, meets the second Friday of each month at 7:30 p.m. at the PG Hospice House. For information call 962-6245 or 563-7157.

HELPINGHAND

• There will be a pancake breakfast fundraiser for St. Giles Presbyterian Church November 13 from 7 to 11 a.m. in the Church hall.

• The 12th Annual Kris Kringle Luncheon to aid the Child Development Centre takes place December 3 at the Coast Inn of the North starting at 11:30 a.m. Tickets \$20. Call 563-7168 to book early.

• The Huble Homestead Giscome Portage Heritage Society is looking for people interested in heritage and volunteering to join its board of directors. Those interested should call 564-7033.

• AWAC, an association advocating for women and children, is currently seeking individuals interested in donating their time, energy and expertise as board members. Interested persons can pick up applications at

199 Quebec St. or call Bev at 964-4066 or Sandy at 565-2881.

• The Seniors Activity Centre is looking for donations of pocket books and puzzles. Donations can be dropped off Monday to Saturday between 8 a.m. and 4 p.m. at 425 Brunswick St. Call 564-3287 for more information.

• Parkside and Rainbow Care Homes and the Rainbow Adult Day Centre are looking for persons interested in assisting with delivery of recreation programs and visiting seniors. Call 563-1916 (ext. 3), 563-9966 (ext. 3) or 563-9966 (ext. 2) for information.

ETCETERA

• The Carney Hill Family Centre holds an Open House November 12 from 1 p.m. to 4 p.m. at 2105 Pine St. The Carney Hill Community is also looking for volunteers to help with the new centre. Drop by the open house or call 563-7976.

• The DP Todd Craft Fair happens Novem-

ber 13 and 14 from 10 a.m. to 4 p.m. at DP Todd Secondary School.

• The Sacred Heart Craft Fair happens November 13 and 14 from 10 a.m. to 4 p.m. Call 562-8034 after 5 p.m. for information.

• Roast and toast for David and Joceline Seymore will be held November 13 at the Elks Hall (1116-6th Ave.). Cocktails at 6 p.m., dinner at 7, social at 9. Tickets \$17.50 per person. Call 562-2333 and ask for Linda or Judy.

• The Seniors Activity Centre holds a fall bazaar November 13 from 10 a.m.

to 3 p.m. at 425 Brunswick St. Call 564-3287 for information.

• The Ferndale

Craft Fair happens

November 14 from

10 a.m. to 3 p.m. at

the Ferndale Hall

(3595 Upper Fraser Rd.). Call Doreen at 963-9181 for information.

• The CNC Second Annual Craft and Bake Fair goes November 17 from 10:30 to 2:30 p.m. in the CNC Atrium.

• The Elks Lodge holds its annual "Pin Night" November 18 at the Elks Hall (1116-6th Ave.) For information, call Paul at 964-7347.

• The Seniors Activity Centre holds a members' birthday tea November 18 at 1:30 p.m. at 425 Brunswick St. Call 564-3287 for information.

• Eagles Ladies Auxiliary Craft and Bake Sale goes November 20 and 21 from 9 a.m. to 4 p.m. at 6742 Dagg Rd. (Eagles Hall). Call Lil for information at 962-9457.

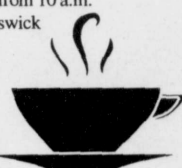
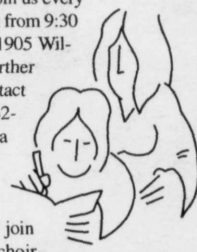
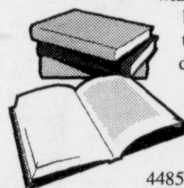
• The Prince George Aboriginal Trade Show and Craft Fair happens November 20 from 10 a.m. to 4 p.m. at the Native Friendship Centre (1600-3rd Ave.). Call 562-6325 to book a booth for your business or 562-6555 to book a table for your crafts.

• B.C. Old Time Fiddlers Dance happens November 20 at the Pineview Hall starting at 9 p.m. Tickets \$8 available at Pineview Store or call 963-7576.

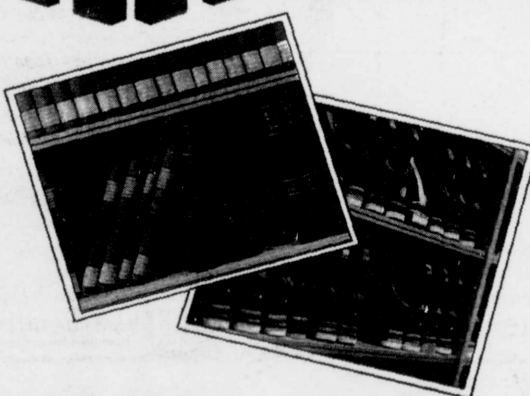
• The Seniors Activity Centre holds a dance November 20 at 7 p.m. with Andy and the Crossroads at 425 Brunswick St. Tickets \$8 at door includes food. Call 564-3287.

• Women of the Moose hold a bazaar and luncheon at the Moose Hall November 21 from 11 a.m. to 4 p.m.

• There will be a Greek bake sale at the Greek Orthodox Church (corner of Tabor and 5th) on November 27 (10 a.m. to 3 p.m.) and November 28 (11 to 3). Call 562-6542.



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