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Tristan Rynsewyn wears the dunce cap, but Derich Seidl fits that description too, as two of the Improv Ad Nauseum vets. BAS RYNSEWYN PHOTO

Prepare to laugh – with improv

For those who missed the Fringe, or for those who were inspired by it, the fun is not over yet. Some of the best improvisational theatre players in the area take part in Improv Ad Nauseam, the monthly theatre sports freak-out at Art Space. This weekend IAN flexes its creative muscles again, which means comedy fans should warm up their laughing muscles.

"You can come to IAN and realize that the best improv money can buy is local talent," says Bas Rynsewyn, director of the monthly event. "We have the top talents from several local improv groups combined for our shows. Wear Depends, cause you'll wet your pants."

This is the fourth month for IAN and in that time the principal comedians have acrued a reputation for highcalibre ensemble work, and for some individual elasticity as well. By now they know the improv games that work best, and they now have the challenge of keeping it fresh.

"Some things work, they're popular, so we have those games, and we are looking at some new, exciting games. There's really no shortage of games out there for us. And sometimes a game will fall flat on its face, but the next day it will be a hit," Bas says.

"It is non-scripted and there are so many variables and you rely so on the audience suggestions, it can really go anywhere. The players understand that. They can take a little suggestion and take it over the top."

These cows jump over the moon on Saturday night, 8 p.m. at Art Space. Tickets are \$5 each, available in advance from Books & Company or at the door. Bas reminds everyone that "Saturday is free mushroom night: anyone who pays us double will receive a free mushroom." That's a joke. Sort of. If you do want to pay double, he will give you a free mushroom. Go on, try it.





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