WorkSafe—Musculoskeletal Disorder Prevention

2 hours

This course defines musculoskeletal disorders and describes the elements to consider in preventing workrelated musculoskeletal disorders. It then briefly explains the process of identifying, assessing, and controlling risk factors that may contribute to such disorders.

Instructor: Rob MacPhee

Registration recommended one week prior to course date

Date: March 6 (Tue) Time: 10 am to 12 pm Fee: \$25 (includes certificate)

WorkSafe—Accident Investigations and Reports 3 hours

This course is designed to introduce learners to accident reporting and investigation, sections 172 and 177 of the Workers Compensation Act, Part 3 and sections 3.3 (d) & (c) and 3.4 of the Occupational Health and Safety Regulation.

Instructor: Rob MacPhee

Registration recommended one week prior to course date

Date: March 6 (Tue) Time: 1 pm to 4 pm Fee: \$25 (includes certificate)

WorkSafe—Safety Inspections

1 hour

This course focuses on how to conduct a workplace inspection according to WCB certification.

Instructor: Rob MacPhee

Registration recommended one week prior to course date

Date: March 6 (Tue) Time: 4 pm to 5 pm Fee: \$15 (includes certificate)

Occupational First Aid Level I

7 hours

This course has been created by WCB to develop knowledge and skills required to meet and deal with life-threatening emergencies. The course will cover assessment of the injured person, how to deal with obstructed airways, circulatory distress, and control of bleeding. Upon successful completion, a two-year certificate will be issued.

Prerequisite: Minimum age 16

Instructor: Ken Watson or Rob MacPhee

Registration recommended one week prior to start of course

Date & Time (four opportunities):

- 1. February 9 (Fri), 8 am to 4 pm
- 2. February 17 (Sat), 8 am to 4 pm
- 3. April 23 (Mon), 8 am to 4 pm
- 4. June 28 (Thu) 8 am to 4 pm

Fee: \$77 (includes manual and certification)

Occupational First Aid Transportation Endorsement

8 hours

The transportation endorsement is designed to complement OFA LevelI ticket holders. Topics include patient lifting and handling, spine board and basket stretcher immobilization, patient assessment, and treatment during transport.

Prerequisite: Current OFA Level I certificate

Instructor: Ken Watson or Rob MacPhee

Registration recommended one week prior to start date

Date & Time (three opportunities):

- 1. February 23 (Fri), 8 am to 5 pm
- 2. April 30 (Mon), 8 am to 5 pm
- 3. June 29 (Fri), 8 am to 5 pm

Fee: \$87 (includes manual and certification)

Occupational First Aid Level III 70 hours

A comprehensive course offered with the objective of qualifying candidates for certification by the WCB as first aid attendants in industry. Instruction will be provided in both theory and practical applications. Topics include anatomy and physiology, injury and body response, resuscitation, and new procedures in patient care. OFA Level III exam scheduled for the week of April 17–20, 2001 in Mackenzie.

Registration recommended two weeks prior to start date

Day Course

Instructor: Ken Watson & Rob MacPhee

Date & Time (four opportunities):

- 1. March 30 to April 12 (Fri to Thu), 8 am to 4 pm
- 2. March 26 to April 6 (Mon to Fri), 8 am to 4 pm
- May 14 to 28 (Mon to Fri), no class May 21, 8 am to 4 pm, location—Kwadacha First Nation, Fort Ware BC
- 4. June 4 to 15 (Mon to Fri), 8 am to 4 pm

Fee: \$675, plus pocket mask (includes manual and exam fee)

Evening Course

Date: May 11 to June 16 (Fri & Sat) & June 17 (Sun) *Time:* 6 pm to 9:30 pm (Fri), 9 am to 5 pm (Sat & Sun) *Fee:* \$675, plus pocket mask (includes manual and exam fee)