THE FREE PRESS Today's Women SEPTEMBER 18, 2003

Philomena Hughes is a successful, award-winning professional



Rodica Curteanu created a residence where elderly people in need of some care and supervision can live independently. With a background as a physio therapist, I worked with a team at SFL rehabilitating the elderly so they could return home. Some of them lived alone and required assistance with meals and other daily needs and would end up returning to lodge or hospital. I saw a niche in the market that I could fill. With assistance from **Community Futures Resource Team I was** able to get a small business loan, develop a business plan, purchase a large residence to house the elderly. I employ one staff member and care for eight residents. I have recently expanded with a second residence now open. When full it will house five more elderly and employ two staff members.

If you have elderly in need of care, I invite you to come and see what I can provide.

Please call: 563-9566 for more info.







Being in business after studying to be a professional photographer is a

dream come true

Philomena was born and raised in Prince George and studied photography in Victoria. She then worked in Japan for two years. She began her Prince George photographic studio in 1990. Philomena's works from both her studio and on location. She excels in portraiture of newborns, children and families and is available for commercial work and weddings.

Philomena is an active member of the Professional Photographers of Canada and British Columbia and has earned national recognition for her work. Next spring Philomena will receive her Craftsman of Photographic Arts in Quebec City. She will be participating in the TODAY'S WOMAN Trade show Sept. 20th & 21st.

Philomena Hughes Photography 2414 McBride Cres., Prince George 564-3033

Claudia Reich,

General Manager Community Arts Council of Prince George & District.

Claudia has worked for the Community Arts Council since 1987. Many changes have taken place at the Arts Council since she first started. New events and programs include the Summer Day Camp of the Arts, Spring Arts Bazaar, Try us Out Festival, Arts Gallery of Honour and our newest addition of the Discovery Preschool of the Arts. In 1987 there were two employees, now there are 8.

Claudia's philosophy of the arts is that "It is very much a part of everyone's lives, whether they realize it or not."

Besides work, Claudia and her husband are kept busy with their craft and woodworking projects and eight grandchildren.

2820 -15th Avenue, Prince George, B.C. Hours: 9:30am - 5:00pm Mon - Sat www.studio2880.com

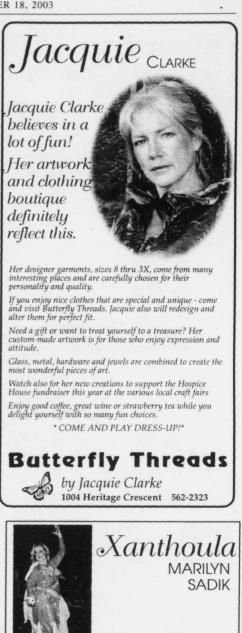
Studio 2880 Arts Complex Artisan Gift Shoppe 562-4526

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OF PRINCE GEORGE

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820 and 2880 - 15th Avenue



Xanthoula (Marylin Sadik) has been performing and instructing belly dancing for several years. During her career, Xanthoula has studied with the greats of belly dancing at workshops throughout Canada, the United States, and Egypt. Her sense of fun and flair comes through in her dance and her lessons. Study with an instructor dedicated to technique and the truism of 'The Dance'.

LESSONS:

Book your private lessons with Xanthoula today! Xanthoula's in-house studio can accommodate small group lessons. Times are flexible. Bring your sense of fun and adventure and be prepared to have fun!

For group dances call and book a weekend workshop.

SUPPLIES: Direct from Egypt! Custom bras and belts. Xanthoula always has a great selection of zills, Imitation Coin Belts and Canes on hand.

Shop by appointment. Authentic Egyptian Style & North American Cabaret

From Beginner to Advanced

Xanthoula 4923 North Meadow Crescent Prince George, BC

(250) 564-9467 email: silkyspyder@homtail.com

Bachala TURGEON

Rachele TURGEON, AScT., Prof. Luthier

Owner and operator of The Violin Shop of Prince George, Rachele Turgeon performs expert repairs, restoration and set-up on instruments and bows. The Violin Shop is a specialized business providing personalized service and emphasizing a high level of integrity and professionalism. With a gallery of select instruments and outfits for sale, rent and consignment, the shop also carries a complete line of strings and accessories for professional and studient players of all bowed instruments.

Rachele obtained diplomas in bow and instrument making and restoration after studying for 7 years in Canada, the US and England. She subsequently earned a forestry diploma and worked in the Prince George forest region for 10 years while establishing The Violin Shop, which she now operates full time.



Serving Musicians since 1981 By Appointment www.violinshop.ca 562-9873