

# Get Active & Healthy this Winter

**Join the Family YMCA today,  
invest in your health and the health of your family.**

Single Adult Memberships for \$33.33/month

Couples Memberships for \$55/month

Family Memberships for \$61.67/month

(Other type of membership rates available)

(Based upon monthly continuous payment plans)

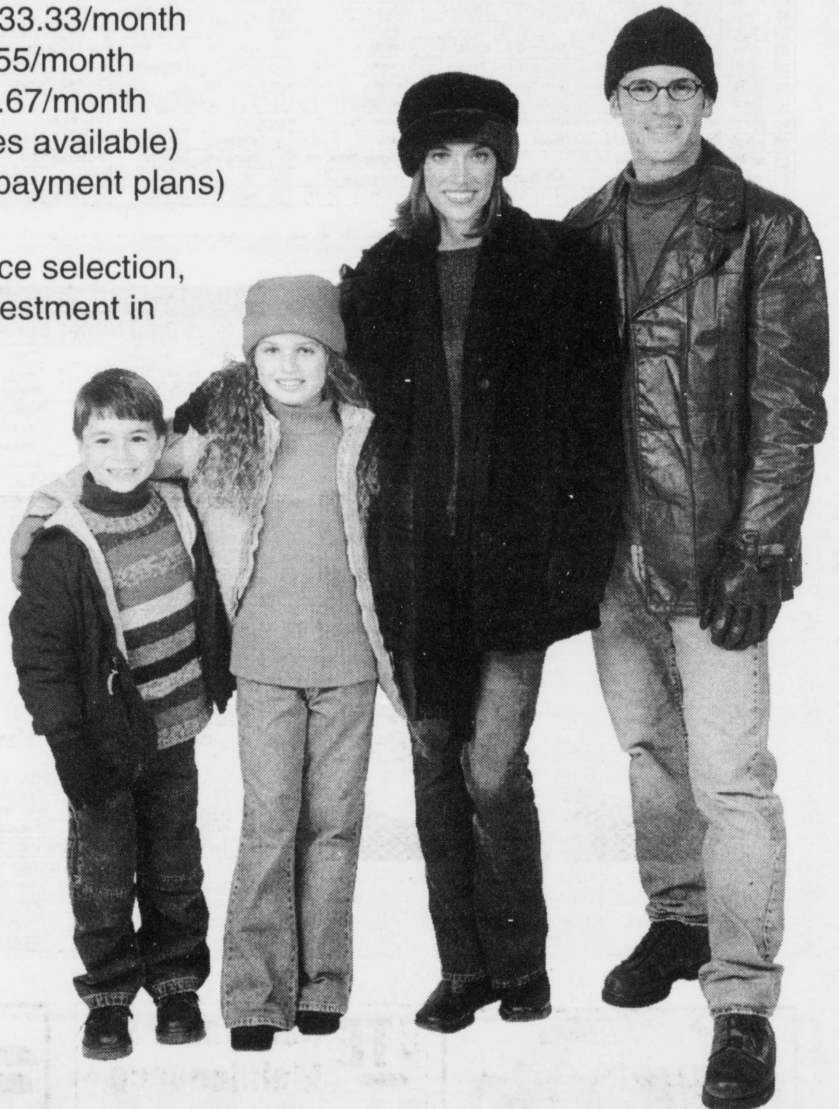
Great price, large program and service selection,  
very convenient and an excellent investment in  
personal health.

The YMCA has been providing  
physical activity services  
for over 136 years.

**Register now** for Licensed pre-  
school programs 2 day or 3 day a  
week spaces available. Only  
\$77/\$100 per month.

The Family YMCA a trusted  
provider of licensed child care in  
our community.

**Register now** for youth and adult  
programs. A wide selection is  
available from yoga to pre-school  
dance and sport.



**check us out online at [www.pgymca.bc.ca](http://www.pgymca.bc.ca) or call 562-9341**



**We Build Strong Kids,  
Strong Families,  
Strong Communities**

**2020 Massey Drive  
Phone 562-9341  
[www.pgymca.bc.ca](http://www.pgymca.bc.ca)**