

Living in an industrial age Metal surrounds everything Screws and bolts Hold the plastic together Welded And fused My world has been manufactured Life made easy and accessible With technology Medical advance And weather proof buildings Life seems perfect But where are the trees? The birds? The life? My world is structured by civilization But I long for the disorder of nature I miss the simplicity The old ways of life I miss the feeling of sand between my toes Of real wood beneath my fingertips I am Mother Nature Locked away in a metal cage